

Recyclable material list

Fibre




Material & examples	What to know
	<p>Cardboard boxes</p> <p>Pizza boxes, direct mail boxes, moving boxes, shoe boxes.</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Place flattened and bundled cardboard 60 x 60 cm next to blue bags at the curb. <input checked="" type="checkbox"/> Empty.
	<p>Boxboard</p> <p>Cereal boxes, tissue boxes, egg cartons, rolls from toilet paper and paper towel.</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Flatten. <input checked="" type="checkbox"/> Empty.
	<p>Paper</p> <p>Any colour, including flour bags, prescription bags, paper produce bags.</p> <p>Notebooks, white or coloured loose paper, file folders, other printed materials.</p> <p>Community newspapers, flyers, brochures and magazines.</p> <p>Greeting cards and envelopes, gift boxes.</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Place shredded paper in a tied clear plastic bag. <input checked="" type="checkbox"/> Separate from plastic bags used to cover items, remove elastic bands. <input checked="" type="checkbox"/> Remove rope handle from bags. <input checked="" type="checkbox"/> Do not include soft or hard covered books/novels.

For details on what goes where, visit circularmaterials.ca/NS.

Recyclable material list

Paper/fibre







Material & examples		What to know
	<p>Paper laminate packaging</p> <p>Plates, flour bags, paper and gift bags, muffin or sandwich bags.</p>	<p><input checked="" type="checkbox"/> Empty.</p>

Recyclable material list

Containers



Material & examples		What to know
	<p>Plastic containers</p> <p>Laundry detergent and household cleaner jugs, shampoo, body wash, salad dressing, condiment, dish soap, mouth wash bottles.</p>	<ul style="list-style-type: none"><input checked="" type="checkbox"/> Empty.<input checked="" type="checkbox"/> Lids and caps on.
	<p>Food trays, salad, yogurt, peanut butter, bakery and egg containers, plastic cups, plastic tubs and lids.</p>	
	<p>Toothpaste tubes, deodorant, hand cream tubes.</p>	
	<p>Small item packaging, hand sanitizer bottles, plant pots.</p>	

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Recyclable material list

Containers





Material & examples	What to know
	<p>Plastic film</p> <p>Plastic that can be stretched. Bags used for dry cleaning, bread, newspapers and flyers. Sandwich bags, freezer bags, shrink wrap.</p> <p><input checked="" type="checkbox"/> Empty.</p>
	<p>Paper laminate packaging</p> <p>Spiral cans, cookie dough package, ice cream containers, and hot and cold beverage cups.</p> <p><input checked="" type="checkbox"/> Rinse and dry.</p> <p><input checked="" type="checkbox"/> Remove lids.</p>
	<p>Cartons</p> <p>Dairy and dairy substitute cartons, molasses and sugar cartons, laundry and cleaning cartons, soup and sauce cartons, coffee cartons.</p> <p><input checked="" type="checkbox"/> Rinse and dry.</p> <p><input checked="" type="checkbox"/> Lids and caps on.</p>

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Recyclable material list

Containers



Material & examples		What to know
	<p>Metal</p> <p>Food cans, metal lids, candle, cookie, coffee and tea tins.</p>	<p><input checked="" type="checkbox"/> Rinse and dry.</p>
	<p>Aluminum (foils and trays)</p> <p>Aluminum foil, pie plates, frozen food trays.</p>	<p><input checked="" type="checkbox"/> Empty.</p> <p><input checked="" type="checkbox"/> Ball up aluminum foil.</p>
	<p>Glass containers</p> <p>Clear and coloured glass. Food containers, jars and bottles. Cosmetic containers, spice bottles, oil and vinegar bottles.</p>	<p><input checked="" type="checkbox"/> Empty.</p> <p><input checked="" type="checkbox"/> Lids and caps off.</p>

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